

October 2020  
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# THE Key Piece

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LOYD J. BOURGEOIS LLC



*the only  
constant is*

## CHANGE

If 2020 has taught us anything, it is that we have to be comfortable with change. To survive, we must be able to adapt to change quickly.

From changing our shopping habits (pick-up and all online), to our school schedule (some days in school, others by zoom), to our business operations, those who can adequately deal with change are, and will, always succeed.

For all the frustration 2020 has brought, I, for one, am thankful for this opportunity for my children to deal with these unexpected and unscheduled changes on a semi-frequent basis.

I believe they are learning how to adapt, how to survive and how to succeed when things are not perfect.

As the famous Mike Tyson quote goes, "Everyone has a plan until they get punched in the face." Well, 2020 has

punched. How do we react?

Living in this environment during their formative years is teaching them things I never could have dreamed of teaching them. I think back to the resourcefulness of my grandparents wrought by their upbringing during the depression or the World Wars. They learned out of necessity.

Our first instinct as parents is often to shield our children from these harsh realities and try to keep things as stable as possible.

But as 2020 has shown, doing so is not possible. Having them learn, adapt and ultimately see that life goes on and it will be OK, is perhaps the greatest gift we can give our children.

A handwritten signature in blue ink that reads "Lloyd J. Bourgeois".



**Lloyd J. Bourgeois**  
Attorney-at-Law



### GET YOUR FREE COPY!

#### *Injury Victim's Diary*

I created this workbook for you to document all the evidence you need to obtain a fair settlement from the insurance company after getting hurt in a wreck; things you may forget with time, like:

- The accident details.
- Witness information.
- The progression of your pain and symptoms.
- History of missed work and wages.
- Names of doctors and dates of visits.
- And more!

*If you'd like a copy of this resource or know someone else who may need one, give our office a call at (985) 240-9773 or visit [LJBGuides.com](http://LJBGuides.com). We'd be happy to send you a free copy.*

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# CHARGRILLED SHRIMP WITH JALAPEÑOS & CHEESE

## LJB's Cookin' Corner

By now, most have heard of the famous Drago's chargrilled oysters. They are delicious! (If you haven't heard of them, look them up and try them out.) A delectable and more accessible take-off is Chargrilled Shrimp with Jalapeño and Cheese.

While the recipe below takes you through making your own sauce, you could also purchase the Drago's sauce at your local grocer. We recently made these at a neighborhood LSU football watch party. The game did not turn out the way we hoped, but we sure did eat well. Try these out and let me know your thoughts!

### INGREDIENTS

- 8 ounces butter, softened
- 2 tablespoons garlic, finely chopped
- 1 teaspoon black pepper
- 1 pinch dried oregano
- 1 ounce Parmesan cheese, grated
- 1 ounce Pecorino Romano cheese, grated
- 2 teaspoons parsley, chopped
- Sliced jalapeños
- 1 pound shrimp, peeled and deveined

### DIRECTIONS

1. Heat grill or oven to about 450-500 F.
2. Separately, gently melt butter in a saucepan.
3. Mix melted butter with garlic, pepper and oregano. Set aside.
4. In a separate bowl, mix Parmesan and Romano cheese.
5. Place a shrimp or two in each muffin tin.
6. Spoon the seasoned butter mixture over the shrimp.
7. Place about a teaspoon of the cheese mixture over top of the shrimp and butter mixture.



8. Add a sliced jalapeño to the top.
9. Place in oven or over grill for about 5 minutes or until the shrimp is pink and cheese is melted.
10. Serve and repeat until all shrimp are devoured!

Toasted slices of Italian bread to soak up the buttery goodness is always a good idea.

As noted, you can purchase the butter mix premade at your grocer. You can also purchase the mixed Parmesan and Romano if you prefer.

*Enjoy!*

## REMINDER ABOUT OUR FIRM'S COMMUNICATION POLICY

Our promise to you is that while we are working on YOUR case – we are WORKING on YOUR case. And this goes for each and every one of our clients. This means that our focus and attention are squarely on your case and not anything else. Because of this, Loyd Bourgeois DOES NOT take unscheduled phone calls, emails, or walk-ins. This makes all of us more productive, efficient, and knowledgeable about YOUR case. It may help get your issue resolved faster. You can

always call the office at (985) 240-9773 and schedule a phone appointment or in-person visit.

## DISCLAIMER

This publication is intended to educate our clients, referral sources, and others in our network about disability denials and disabling personal injury claims. This is not intended to be legal advice. Each case is different.

You can pass this information along to your family and friends as long as the newsletter is copied in its entirety.

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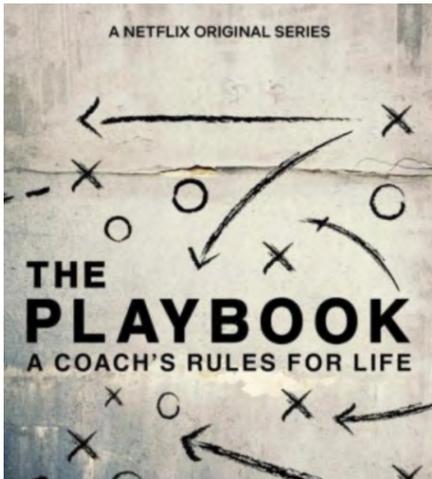
# Heroes & Icons

From left, my mentor, Ben Glass, keynote speaker Pierre Campbell and yours truly.



I recently returned from three days of exploring mindset, balance and finding your purpose at the Heroes and Icons legal conference. I came back with some important revelations

and strong takeaways for life at home and at the firm. I look forward to implementing some of these and will be sharing some in the coming months in this newsletter.



## Mountaintops are small, the air thin, for a reason

You stand at the bottom of the momentous task – the largest, tallest, steepest mountain – and you can see all the way to the top. You picture yourself there at the top – you conquered it, defeated it and have succeeded. But as you look out on all you have accomplished, you realize the difficulty you have breathing and how there is no good place to sit and get comfortable. Mountaintops are small, and the

air thin, for a reason – you are not supposed to dwell on mountaintops. What about the descent?

This is the message U.S. Women's National Team Soccer Coach Jill Ellis relayed in *The Playbook* on Netflix. The message has a poignant meaning for all of us. What does it mean to you? Let me know your thoughts via e-mail at [info@ljblegal.com](mailto:info@ljblegal.com).

## REVIEW ROUNDUP



I just love how easy it is to talk to Christy Crotwell and Mr. Loyd Bourgeois. They have explained every detail to help me understand the processes. Christy has gone above and beyond to help me with any questions I have. They show genuine concern about my injuries and always return my phone calls. I totally recommend this law firm to anyone!

– Michelle Guillory



The team at Loyd Bourgeois' office were very easy to talk to and easy to get in touch with. They treated me with respect. The team always kept me informed of the process and my case. [They were] responsive in returning calls and had no problem meeting with me in person to discuss my case. This team was always friendly, respectful of my feelings and extremely compassionate!

– Gary Lewing

## FUN STUFF: SUDOKU

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Find the answer key on page 2. (It's upside-down!)



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## How we Help:

**Disability \* Injury \* Divorce**  
**"We Help You Fight Life's Legal Battles**  
**with Compassion and Care!"**

- Social Security Disability
- Long-Term Disability
- Car Accidents & Personal injury
- Divorce and Child Custody

IN THIS ISSUE: Change is Constant • Chargrilled Shrimp • Heroes & Icons • Netflix's The Playbook

# New Iberia native Lucy Killen joins LJB family law team

We wanted to take this opportunity to welcome Lucy Killen to the LJB Family Law team. Lucy is serving as an 'Of Counsel' to the firm handling our family law cases.



**Lucy Killen**  
*Of Counsel,*  
**LJB Law**

Lucy is from New Iberia and graduated from Catholic High of New Iberia. She attended the AB Freeman School of Business at Tulane university, where she majored in business and English.

Lucy has taught in the metro area through the Teach for America

program and worked in New Orleans city government advocating for health programs to support the city. She then attended Loyola Law and is licensed in Louisiana.

She has been a family law attorney for 10 years. She resides in St. Charles Parish with her husband and three (crazy) dogs.

Lucy handles all Family Law cases with experience, skill and compassion. When she's not working, she enjoys cooking, jogging and Netflix.

## Recent referrals

Ron Dantin, Medical Professional  
 Louis Smith  
 Corey Oubre, Attorney  
 Mario Zavala, Attorney  
 James Plaisance  
 Ramsey Law Firm  
 Charles McClain  
 Kellen Chiasson  
 Cristian Silva, Attorney  
 Chad Matherne  
 Raj Sohi, Medical Professional

*Thank you!*



**"You always pass failure on the way to success."**

— Mickey Rooney, Actor

**HAPPY HALLOWEEN**