

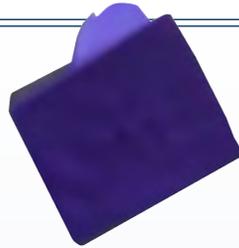
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THE Key Piece

A MONTHLY PUBLICATION OF
LOYD J. BOURGEOIS LLC

Your education is a dress rehearsal for a life that is yours to lead.

—Nora Ephron



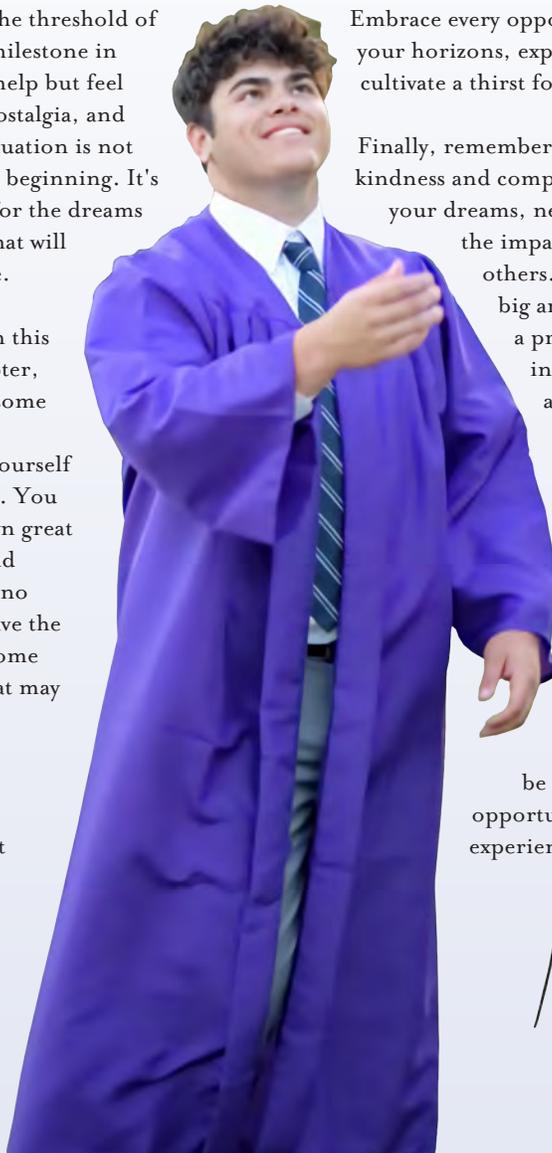
HATS OFF TO THE CLASS OF 2023

A message to my son and all of the 2023 graduates

As you stand on the threshold of this remarkable milestone in your life, I can't help but feel a mix of pride, nostalgia, and excitement. Graduation is not just an end, but a beginning. It's a launching pad for the dreams and aspirations that will shape your future.

As you embark on this exciting new chapter, I want to impart some words of wisdom. First, believe in yourself and your abilities. You have already shown great determination and resilience. I have no doubt that you have the strength to overcome any challenges that may come your way.

Second, never stop learning. Graduation is not the end of your education. It is the foundation upon which you will continue to build your knowledge and skills.



Embrace every opportunity to expand your horizons, explore new subjects, and cultivate a thirst for lifelong learning.

Finally, remember the importance of kindness and compassion. As you pursue your dreams, never lose sight of the impact you can have on others. Your actions, both big and small, can make a profound difference in the lives of those around you. Approach every interaction with empathy, understanding, and respect.

The world awaits your passion and your unique contribution.

May your journey be filled with endless opportunities, unforgettable experiences, and inner peace.

Dad



Loyd J. Bourgeois
Attorney-at-Law



GET YOUR FREE COPY!

Injury Victim's Diary

I created this workbook for you to document all the evidence you need to obtain a fair settlement from the insurance company after getting hurt in a wreck; things you may forget with time, like:

- The accident details.
- Witness information.
- The progression of your pain and symptoms.
- History of missed work and wages.
- Names of doctors and dates of visits.
- And more!

If you'd like a copy of this resource or know someone else who may need one, give our office at call at (985) 240-9773 or visit LJBGuides.com. We'd be happy to send you a free copy.

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LJB's Cookin' Corner

This month's recipe comes from Martha Stewart. We've copied it as written here, but note that we're from South Louisiana. Therefore, we made grits instead of polenta!

INGREDIENTS

- 8 pork cutlets (1 pound)
- Kosher salt and freshly ground pepper
- 1/2 lemon, plus 1 for zesting and serving
- 1/2 cup finely grated Parmesan (1 oz.) plus more, shaved, for serving
- 1/3 cup unbleached all-purpose flour
- 6 tbsp. extra-virgin olive oil
- 8 rounds (each 3/4 inch thick) polenta (from a 1- to 2-lb. tube)
- 1 bunch asparagus (1 pound), trimmed

INSTRUCTIONS

1. Pound cutlets to 1/4 inch thick; season

PARMESAN PORK

with salt and pepper. Sprinkle with juice of 1/2 lemon, turning to evenly coat. Stir together Parmesan and flour on a plate. Dredge cutlets in Parmesan mixture, pressing to adhere.

2. Heat 2 tbsp. oil in a large nonstick skillet over medium high. When oil shimmers, add 4 cutlets in a single layer. Cook, flipping once, until golden brown and crisp, 4 to 5 minutes. Transfer to a plate. Wipe skillet clean. Repeat with 2 more tbsp. oil and remaining 4 cutlets. Wipe skillet clean. Heat remaining 2 tbsp. oil in skillet over medium high. Add polenta and cook, flipping once, until golden and crisp, about 5 minutes.
3. Meanwhile, cook asparagus in a pot of generously salted boiling water



until crisp-tender, 2 to 3 minutes. Drain and transfer to plates. Season with salt and pepper, drizzle with oil, and top with finely grated lemon zest and shaved Parmesan. Serve with cutlets, polenta, and lemon wedges.

If you have a recipe that you'd like to submit to the newsletter, please share it with us at info@LJBLegal.com. We're always looking for new recipes to try and share.



REID'S JOKE CORNER

I was going to tell you a really bad bowling pun...

But I thought I'd spare you.

Don't forget to visit our website at LJBLegal.com, or follow us on your favorite social media site!

Thank you for your recent referrals to LJB Legal

- Mary Bourgeois
- Whitney Naquin
- Michael Green
- Dennis Mire
- Jason Dempster
- Osterhout Berger
- Sandra Kinler
- William Penton, attorney
- Disability Law
- Jake Lemmon, attorney
- Michael Weinberg, attorney
- Heather Cooney
- Lorraine LeBlanc
- Andrea Collette
- Jarrett Fuselier

Fun facts about summer

1. In the summer heat, the iron in France's Eiffel Tower expands, making the tower grow more than 6 inches.
2. Between Memorial Day and Labor Day, Americans eat 7 billion+ hot dogs.
3. The summer solstice is the longest day of the year.
4. In England, more than 35,000 people gather at Stonehenge to see the summer solstice.
5. Manhattanhenge is a phenomenon that occurs twice a year, typically on May 28 and July 12, where the setting sun aligns directly with the end of many major streets in New York City.

Reminder About Our Firm's COMMUNICATION POLICY

Our promise to you is that while we are working on YOUR case – we are WORKING on YOUR case. And this goes for each and every one of our clients. This means that our focus and attention are squarely on your case

and not anything else. Because of this, Loyd Bourgeois DOES NOT take unscheduled phone calls, emails, or walk-ins. This makes all of us more productive, efficient, and knowledgeable about YOUR case. It may help get your issue resolved faster. You can always call the office at (985) 240-9773 and schedule a phone appointment or in-person visit.

DISCLAIMER:

This publication is intended to educate our clients, referral sources, and others in our network. This is not intended to be legal advice.

Each case is different You can pass this information along to your family and friends as long as the newsletter is copied in its entirety.

MEET THE TEAM AT LJB LEGAL

We have some new team members as well as team members who are in new positions. We also have many new newsletter subscribers and wanted to take a moment to introduce the team to everyone and share some of the raving reviews our clients have left for them.



LOYD BOURGEOIS

Attorney & Owner

"The office staff [is] so very pleasant and helpful. Mr. Bourgeois took his time to get to know us and made sure to explain everything. [He] listened carefully to make sure he understood our requests." — *Wanda*

...

"Very professional, on time with everything, and will give you the ins and outs of what to expect. They won my case and got me \$140,000. I didn't even expect to win my case let alone receive so much..." — *Derick*



MEGAN RICHARDSON

Personal Injury Attorney

"Sometimes in life you find yourself in a place that you never expected, and you're not sure what to do. You need a hand; the kind of hand that people always hope that they will encounter within our human experience. That hand is this law firm. Led by the wisdom of Loyd Bourgeois, they work together as a team, and Megan Richardson was that hand. I told her what I hoped for, and she did as I asked. It was a rather complex situation, but she took the time and maintained resolve until completion. She maintained communication, responding by phone, text, or email within 24 hours. She is the helping hand you hope for. I am ever so grateful for all of their help. I checked out several law firms in the area, and I know I made the right choice. The Loyd Bourgeois law firm is the best in the NOLA area. — *Donna*



CHRISTY CROTWELL

Social Security Hearing Rep.

"Christy has turned out to be such a blessing in my life; I just cannot explain it enough in words. I tried to take on my own disability case thinking it was no big deal, and I could handle it. I can't tell you how wrong a statement that was. After my first denial on my own, that's when I sought out Loyd's office for help. If I had a question, she was quick to answer the phone right away. It wasn't long before we were on a first-name basis discussing our children, amongst other things, which really made me feel like a part of their family, not just some client who they had to look up their folder first to remember who they were. I was about to give up. But Christy's positiveness and great knowledge of the system — and after a fourth time before the judge and almost seven years — my case was finally settled. Christy, I want you to know how much I appreciate the countless hours and late nights you spent working on my case." — *Angela*



HEATHER DARLING

SS Case Manager & Legal Assistant

"I'm glad we chose L.J. Bourgeois to help with our disability claim. Heather Darling is our case manager, and she has been so supportive and patient with all our questions. She always returns our calls and is ready and able to answer any questions. Thank you, Heather." — *Georgia*



EMMA CANELL

Client Onboarding Specialist

"Needed help to appeal an SSD denial. After talking to Emma, I was convinced LJB Legal is the right place to go. Emma was attentive to concerns, as well as responsive!" — *Chad*



MAKAYLA GARDNER

PI Case Manager & Legal Assistant

"The law firm was easy to contact and made the process quick. I spoke with Makayla, and she was pleasant to talk to and patient. She got all the information to Loyd to handle my situation. Thank you, Makayla and Loyd, for your services and quality." — *Erin*



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LJBlegal.com

LOYD J. BOURGEOIS
ATTORNEY-AT-LAW

To be removed from our mailing list, call (888) 552-4773.

Our Mission Statement:

We Fight Life's Legal Battles with Compassion and Care!

- Car Accidents & Personal Injury
- Hurricane Insurance Claims
- Social Security Disability & Long-Term Disability Denials

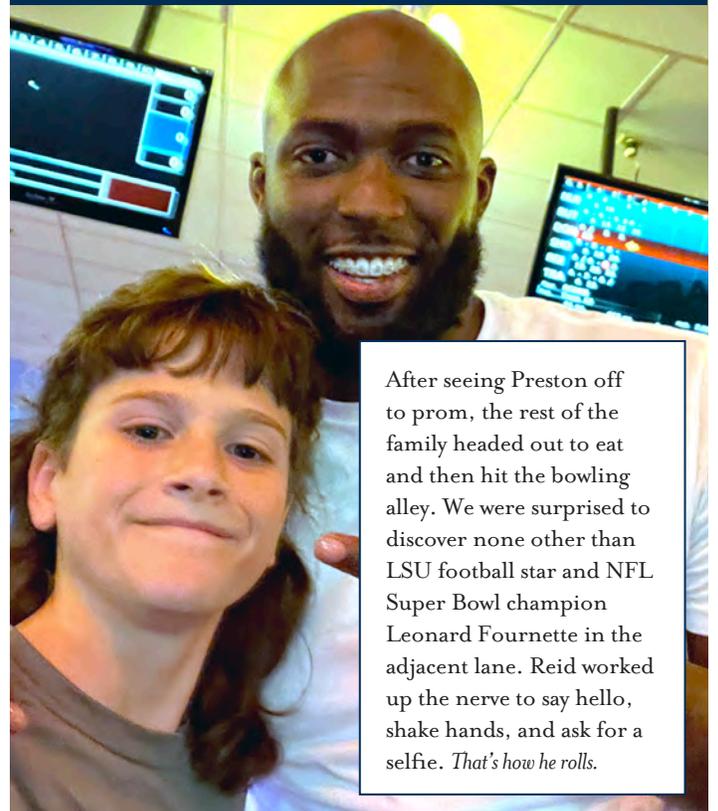
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CELEBRATING WINS



At a recent team meeting, we took time to share and celebrate our wins. Some were wins for our clients, some were wins for our team and firm, some were personal wins, and some were difficult and didn't feel like wins in the moment. But on reflection and discussion, we learned and grew from them. Regardless of the type or perceived size, they were all important and worth sharing and recognizing as a team.

SUPER BOWLER



After seeing Preston off to prom, the rest of the family headed out to eat and then hit the bowling alley. We were surprised to discover none other than LSU football star and NFL Super Bowl champion Leonard Fournette in the adjacent lane. Reid worked up the nerve to say hello, shake hands, and ask for a selfie. *That's how he rolls.*